

The Black Vegetarian Society

of Georgia

The Black Vegetarian Society of Georgia (BVSG) is a voluntary non profit, membership organization that promotes the inherent health benefits of a plant-based eating plan. Our members embrace vegetarian lifestyle because of health reasons, spiritual affiliations, the environment or beliefs in non-violence. BVSG understands that you are what you eat and we culturally make the connections between preventive, wholistic and traditional practices for total wellness.

Our organization seeks to fill the gaps that exist in our communities, particularly in addressing the concerns of chronic and degenerative diseases. People of color are disproportionately affected by hypertension and diabetes.

BVSG serves as a clearing house for information, resources and activities for our members and for those desiring to make the transition to a plant-based eating plan. Through a variety of informative lectures and cooking classes. We provide education and support for the vegetarian, almost vegetarian and the non-vegetarian alike. You don't have to be a full-fledged vegetarian to join BVSG or attend BVSG events.

In a New Leaf (BVSG's newsletter), we spotlight a member-owned business, which allows us to share a part of our family with yours. In addition, we have a Speakers Bureau where our speakers address a variety of health-related subjects that can be tailored to your employ group.

We participate in a number of Community Awareness programs throughout the year via tabling at health fairs, festivals, expositions, and walk/runs.

Annually we host a Healing into Wholeness Lecture series, an end of the year Vegetarian Harvest Potluck (our largest potluck of the year) where we recognize our members and volunteers of the year.

As with most non profits, volunteers are the catalyst of the group and are always needed. BVSG members/volunteers are ultimately responsible for the image and the success of The Black Vegetarian Society of Georgia. We invite you and encourage you to get involved! Volunteering works! With you, we will continue to grow and develop new and exciting programs.

Don't miss the benefits of annual full-fledged membership:

- Informative monthly programs
- Discounts at over 60 area businesses & coupons worth more than your membership price.
- Subscription, to *a New Leaf* (6 issues)

MEMBERSHIP APPLICATION

Yes, I'd like to become a member of The Black Vegetarian Society of Georgia. Enclosed is my check for my annual dues. RENEWAL NEW MEMBERSHIP

Members are periodically called by machine about monthly programs. Check here if you don't want this service.

\$15. Senior/over 65 \$20. Full-time student \$25. Individual \$35. Family \$100. Corporate

\$150. Patron \$500. Substainer \$1,000. Benefactor Other \$ _____

Payment in US funds only.

Please allow 3 to 4 weeks for processing.

Name: _____

E-mail: _____

Tel.# with area code HM: _____ WK: _____

Address: _____

City, State and Zip _____

I am willing to volunteer with the following:

- Education Database Mgmt Data Entry Public Relations Special Events Book Reviews
- Tabling/Outreach Fundraising/Proposal Writing Photography Youth/Teen Division

How did you hear about The Black Vegetarian Society of Georgia? _____

Make checks payable to Black Vegetarian Society of Georgia(BVSG)
POB# 14803, Atlanta, GA 30324 • 770.621.5056
www.BVSGA.org

Date Received _____

CP Entered _____